

LA VARSOUVIANA MEXICANA
(Mexico)

This version of the Mexican Varsouviana was taught by Carmen Cedillo to Henry "Buzz" Glass at the Lincoln School in Oakland, California in 1963. Carmen was a young adult from Nuevo Laredo, studying English at that time.

Music: Record: Mascando Chiquite, Festival 6010 3/4 meter

Formation: Ptrs face in a double circle, M has hands clasped behind back, W holds hands on skirt with hands extended to the side. Ftwrk opp.

MeasPattern

1. Step-Rock-Lift; Walk-2-3 and Tap
1-4 M bends fwd from the waist. M steps sdwd on L at the same time lifting R heel. M steps back on R and then sweeps L ft across R instep. Repeat all. Moving CCW, M steps L,R,L making a half turn R to face RLOD. M taps R toe 3 times to the floor by the L ft.
5-8 Beginning R, M repeats Step-Rock-Lift as above and then walks 3 steps in RLOD making a half turn L to face ptr. M again taps L toe 3 times by the R ft.
2. Walk-2-Turn, Heel -Toe-Heel
9-10 Moving in LOD, M walks L and R, and then steps on the L to make a half turn facing reverse direction. M places R heel, R toe, and R heel in sequence next to the L ft.
11-12 Repeat action of meas 9-10 moving in RLOD.
13-16 Repeat action of meas 9-12.
3. Waltz
17-20 Ptr face. Waltz balance fwd, bkwd, fwd, bkwd. M start L, W R.
21-22 Ptrs change places passing R shoulder with 2 waltz steps.
23-24 In opp place, turn 1 1/2 times CW to end facing ptr.
25-32 Repeat action of meas 17-20 to return to original places.

Presented by Henry "Buzz" Glass